

High Quality Healthcare for all Students and Staff

inspire

HEALTH FOR
EDUCATION



Superintendent Executive Summary & Program Overview (2026 Edition)

A district-wide school health solution designed to improve attendance, support staff, and promote student wellbeing.

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Why Districts Need Inspire Health for Education

Across the country, superintendents are facing the same operational challenges:

- Chronic absenteeism at historic highs
- Increasing student health and behavioral needs
- Stretched nursing and counseling staff
- Gaps in healthcare access for families
- Insurance obstacles and inconsistent community resources
- Growing pressure for measurable outcomes

Inspire Health for Education (IHE) delivers a turnkey school health system that directly supports your district's strategic priorities:

- ✓ Improving attendance
- ✓ Reducing barriers to learning
- ✓ Supporting overworked school health staff
- ✓ Ensuring equitable access to healthcare
- ✓ Strengthening family engagement
- ✓ Providing sustainable, Medicaid-supported services

IHE is designed specifically for K–12 environments by pediatricians, school health experts, and district operations leaders.



What Inspire Health for Education Provides

IHE offers a **comprehensive, district-wide school-based healthcare system**, including:

1. On-Demand Telehealth for Students

- › Acute illness care
- › Chronic condition support (asthma, diabetes, allergies)
- › Return-to-class decision support
- › Medication management via the school nurse
- › Visit summaries for parents and teachers

2. Mental & Behavioral Health Telehealth

- › Short-term counseling
- › Crisis support
- › Substance-use screening
- › Anxiety, depression, behavioral intervention
- › Dedicated pathways coordinated with school counselors

3. Support for Staff & Faculty

- › Medical telehealth
- › Mental health counseling
- › Stress and burnout support
- › Staff vaccination days
- › Preventive health and wellness resources

4. Support for Families (Optional)

- › Telehealth for parents and siblings
- › Health education resources
- › Chronic condition and wellness support

5. Mobile & Onsite Health Services

- › Immunization events
- › Back-to-school physicals
- › Sports physicals
- › Chronic condition action plan clinics

6. District-Branded Online Portal

district.inspirehealthforeducation.com

Allows families, staff, and administrators to:

- › Complete digital consents
- › Schedule appointments
- › Access visit summaries
- › View wellness resources
- › Track usage and program outcomes



How the Program Works

STEP 1

Digital Consent Campaign

IHE launches an easy QR-code-based consent process for families.

STEP 4

Counseling & Behavioral Support

Counselors refer students directly to IHE for tele-mental health support.

STEP 2

School Nurse Enablement

Each campus receives:

- Telehealth tablet
- CareBox with OTC supplies
- Simple workflows integrated into the health office

STEP 5

Staff Wellness Services

Faculty access medical and mental health support through the same platform.

STEP 3

On-Demand Student Visits

The school nurse initiates visits with IHE providers.

Most students return to class the same day, reducing absenteeism and unnecessary dismissals.

STEP 6

Data & Reporting

District leaders receive dashboards tracking:

- Participation
- Return-to-class rates
- Health office utilization
- Mental health engagement
- Absenteeism correlations
- Medicaid reimbursement summaries

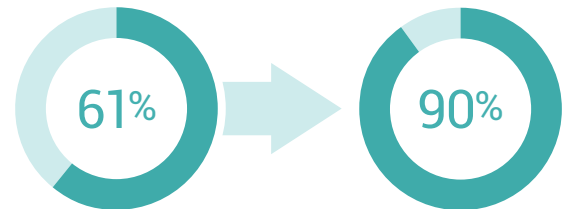


Impact & Outcomes

IHE's model has been proven in large districts such as LAUSD and Fairfax County, showing measurable improvements in:

✓ **Return-to-class rates**

From **61%** → **90%** within year one in LAUSD.



✓ **School health office efficiency**

Nurses and counselors become supported rather than overwhelmed.

✓ **Reduced chronic absenteeism**

Earlier intervention prevents health-related missed days.

✓ **Increased access and equity**

Every student receives the same high-quality care regardless of zip code, income, or insurance.

✓ **Stronger family engagement**

Parents see the district proactively supporting student wellbeing.

✓ **Improved staff morale and retention**

Wellness and telehealth services reduce burnout.

Sustainability & Funding

IHE is built on **sustainable funding structures**, not short-term grants.

Funding sources include:

- › Medicaid reimbursement (LEA model or provider model)
- › Commercial insurance billing
- › Vaccines for Children (VFC) programs
- › Foundation and community grants
- › Optional district cost-sharing

IHE manages:

- › Provider enrollment
- › Claims submission
- › Documentation
- › Reimbursement tracking

Districts can reinvest Medicaid revenue back into nursing, counseling, and student support services



Implementation Timeline

IHE is designed for fast, low-burden rollout.

Week 1–2

- › Legal & admin onboarding
- › Portal branding
- › Consent campaign begins

Week 3–4

- › School nurse equipment delivered
- › Staff onboarding & training
- › Clinical team integration

Week 5–6

- › System goes live in all participating schools
- › First telehealth encounters begin
- › Counseling services open

Ongoing

- › Monthly reporting meetings
- › Quarterly superintendent briefings
- › Annual data review & strategic planning



Superintendent Benefits

IHE is designed to support district leadership with clear, measurable, superintendent-level outcomes:

- ✓ Tangible progress on chronic absenteeism
- ✓ Stronger school culture & community trust
- ✓ Evidence of addressing student mental health needs
- ✓ Reduced burden on health offices and principals
- ✓ Increased family satisfaction
- ✓ Scalable district-wide infrastructure
- ✓ Sustainable funding path through Medicaid

IHE strengthens every layer of the district and positions leadership as champions of student wellbeing.

The Heart of the Program: Dr. Adrianna Bravo



Dr. Bravo, a Dartmouth- and Johns Hopkins-trained pediatrician and national school health expert, serves as IHE's Chief Medical Officer.

She provides:

- Launch communications
- Parent town halls
- Board presentations
- Media interviews
- National-level keynotes
- Clinical program oversight

Her involvement instills confidence, raises awareness, and positions the district as a leader in health innovation.



Why Districts Choose Inspire Health for Education

Superintendents adopt IHE because it is:



Turnkey

Minimal strain on district resources



Customizable

Adaptable to each school's needs



Scalable

Works for single schools or large districts



Sustainable

Insurance-driven funding model



Proven

Strong data from multi-year, multi-district deployments



Designed by School Health Experts

Built around the realities of K–12 environments

IHE is not a pilot. It is an infrastructure investment in your district's long-term success.

Superintendent Next Steps: IHE can begin implementation immediately after:

1. Finalizing the engagement agreement
 2. Identifying key district liaisons (nursing, counseling, technology, communications)
 3. Determining launch dates and funding pathways
 4. Approving branding for the district portal
 5. Scheduling Dr. Bravo for your board/superintendent introduction
- IHE handles the rest.**

Who This Program Serves in Your District

IHE adapts to each district's size and staffing structure.

Students

- › Districts from **1,000 to 500,000+ students**
- › All school levels: PK–12
- › All socioeconomic environments
- › All insurance types or uninsured

School Nurses & Counselors

IHE supports districts with:

- › A nurse in every school
- › Shared nursing models
- › Unfilled nursing positions
- › Health aides and LVNs
- › Counselors & psychologists
- › Attendance and wellness teams

IHE decreases the daily workload for health offices, frees counselors for higher-level student support, and improves triage efficiency.

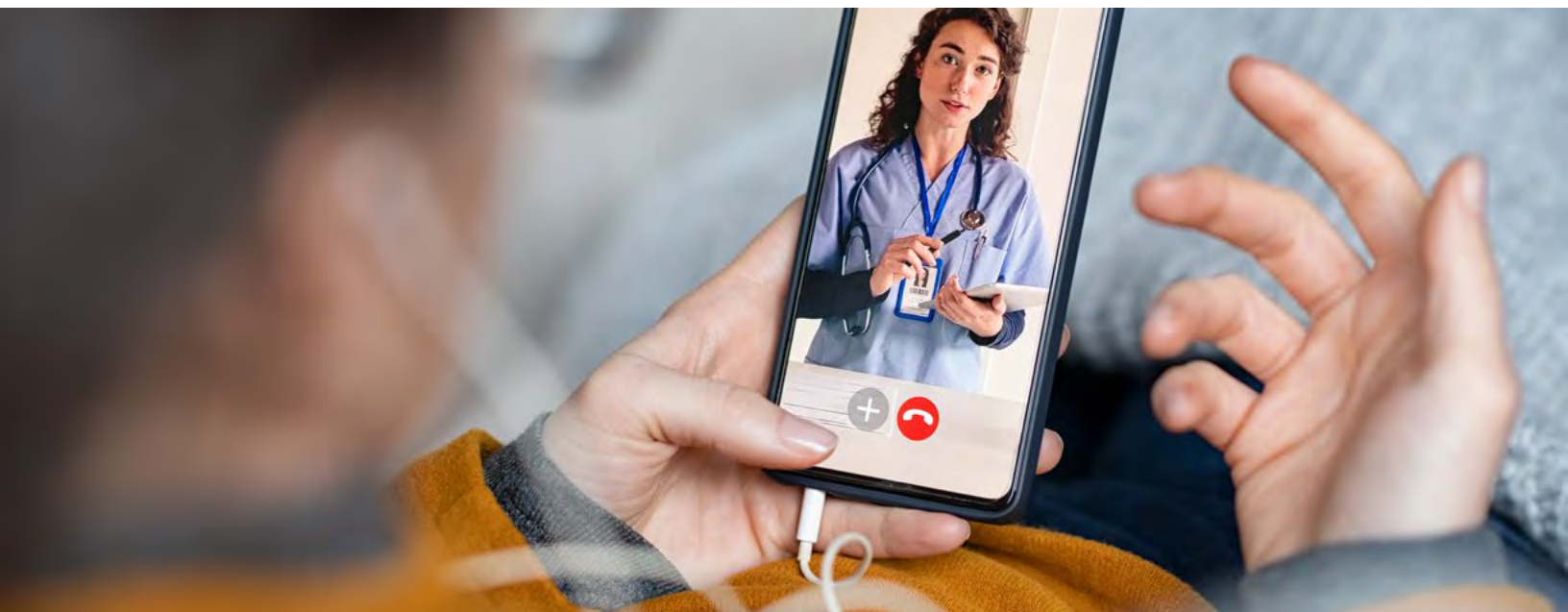
Faculty & Staff

Typical district ratios:

- › **10,000 students**
- › **1,200–1,500 staff members**
- › Teachers, aides, operations, and administration

IHE provides staff with:

- › Access to medical telehealth
- › Mental health counseling
- › Wellness programming
- › Preventive health support



Setting Collaborative Adoption Goals with IHE

Superintendents appreciate having **clear, measurable goals**.

IHE collaborates with district leadership to set:

Enrollment & Participation Goals

- › 40% student consents by Day 30
- › 60% by Day 90
- › 70–85% by end of Year 1

Return-to-Class Target

- › 70–90% return-to-class rate
(vs. typical 40–60%)

Absenteeism Reduction Goal

- › 5–10% reduction in chronic absenteeism within the first year
- › District-tailored school-level targets

IHE is designed to deliver measurable outcomes that superintendents can report confidently to their board, their cabinet, and their community.

Mental Health Access Goals

- › 85% utilization of counseling slots
- › Crisis response pathways available district-wide

Staff Wellness Goals

- › 25–50% of staff accessing wellness or telehealth services in Year 1
- › District opt-in wellness initiatives (optional)

Community & Parent Engagement

- › QR-based consent campaign reaching >80% of families
- › Dr. Bravo-led launch town hall
- › Multilingual communication plan

Medicaid Sustainability Milestone

- › Reimbursement supports expansion of student services
- › Quarterly CFO-level reporting

